



**off road  
paws**  
trail running, hiking & pet-sitting

## The Ultimate Pet Sitter Checklist: Essential Home Prep

Off Road Paws | Veterinary-Informed Adventure Pet Care | Boulder County, Colorado

### Emergency Contacts

- Primary vet clinic (name, phone, address)
- Nearest 24/7 emergency animal hospital
- Trusted local contact (neighbor/family)
- Your travel details (destination, flight, timezone)
- Pet records (microchip, insurance, authorization)

### The 20% Rule

- Leave 20% extra food, medication, and treats
- Add a 4-day buffer for delays
- Prepare comfort items (toys, blanket, scent items)

### Daily Routine

- Exact feeding times and portions
- Medication schedule and instructions
- Exercise routine (walk, hike, play)
- Behavior notes (fears, quirks, triggers)

### Home Access

- Provide 2 access methods (key + code)
- Label and test all keys and codes
- Share alarm, WiFi, and entry instructions

### Climate & Safety

- Thermostat instructions (day/night)
- Emergency shut-offs (water, breaker)
- Cleaning supplies and pet gear location

### ***Want a Professional, Vet-Informed Team to Handle the Adventure?***

OffRoadPaws offers insured Dog Hiking and Fitness Run programs designed for busy Broomfield professionals. We handle the safety, fitness, and fun—so you can come home to a happy, tired dog.

[OffRoadPaws.com](https://OffRoadPaws.com)

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